

**Maandag****Dinsdag****Woensdag****Donderdag****Vrijdag****Zaterdag**

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**09:00 – 09:40**  
**Pilates Basic**  
Locatie Asselsestraat

**9:00 – 9:55**  
**Pilates Personal Training**

**9:00 – 9:55**  
**Pilates Personal Training**

**9:00 – 9:55**  
**Pilates Basic**  
Locatie Laan van Westenenk

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**09:45 – 10:25**  
**Pilates Basic**  
Locatie Asselsestraat

**10:30 – 11:10**  
**Pilates Mix**  
**Basic/Intermediate**  
Locatie  
Asselsestraat

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**16:45 – 17:25**  
**Pilates Basic**  
Locatie  
Asselsestraat

**17:30 – 18:10**  
**Pilates Basic**  
Locatie  
Asselsestraat

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**18:45 – 19:25**  
**Pilates Basic**  
Locatie Baron  
Sloetkade

**18:45 – 19:25**  
**Pilates Basic**  
Locatie Baron  
Sloetkade

**19:30 – 20:10**  
**Pilates Combinaties**  
**Basic/Intermediate**  
Locatie Baron  
Sloetkade

**19:30 – 20:10**  
**Pilates Combinaties**  
**Basic/Intermediate**  
Locatie Baron  
Sloetkade

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**20:15 – 20:55**  
**Pilates Combinaties**  
**Basic/Intermediate**  
Locatie Baron  
Sloetkade

**20:15 – 20:55**  
**Pilates Combinaties**  
**Basic/Intermediate**  
Locatie Baron  
Sloetkade